

## Here to help

If you have any other queries, please feel free to contact the team at any time...

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The Carriage House, School Road,  
Ardington, Wantage, OX12 8PQ

 @oxford\_menopause

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Oxford Menopause Ltd is a company registered in England and Wales with company number 13618225.

Oxford Menopause Ltd is regulated by the Care Quality Commission (CQC).

## How did we do?

We strive to offer the highest quality of care and service to our patients and your feedback really matters. All feedback is welcomed so please let us know how we did at your appointment.

You can also leave us a review on [Trustpilot](#) to recommend our service to others. Just follow the link on our website or visit [uk.trustpilot.com/review/oxfordmenopause.com](https://uk.trustpilot.com/review/oxfordmenopause.com)



## Tell a friend

Talking about the menopause is important. If you've benefited from our expert care, you can help your friends and family by spreading the word.

As well as high quality individual care we also offer corporate support and training for businesses and public sector organisations.

## Did you know?

We also offer a private GP service at The Carriage House Clinic. Providing high quality, accessible GP services for you and your family. To learn more please visit [thecarriagehouseclinic.com](https://thecarriagehouseclinic.com).



After your appointment...

# AFTER YOUR APPOINTMENT...

Thank you for attending your appointment with Oxford Menopause. We hope that you have found it beneficial. Please keep this leaflet handy as it contains some useful information which you may need in the coming weeks.

## Your letter

You will receive an email with a letter following your appointment outlining everything you discussed with the doctor and any medication suggested. This will also be shared with your GP surgery to keep them informed of your care. If you do NOT wish for them to know, please contact us as soon as possible.

## Contacting your doctor

We realise that there can be a lot of information to take in during your first appointment. We include with your initial consultation the option to email your doctor once with any questions or thoughts you have after the appointment. This can be a few weeks later after you have started any treatment or a month down the line.

Visit [oxfordmenopause.com/existingpatients](http://oxfordmenopause.com/existingpatients) to send a query to your doctor.

If you have any further queries we can either arrange a 15 minute telephone appointment or a further email response at an additional fee. *See website for latest fees at [oxfordmenopause.com/pricing](http://oxfordmenopause.com/pricing).*

You can email at any time but regular follow up appointments are recommended to enable your

specialist to provide safe and accurate advice and management. The doctor reserves the right to refuse email advice and request an appointment where appropriate.

## Private Prescriptions

If you have opted for a private prescription from your doctor this will be shared directly with one of our recommended online pharmacies.

### Pharmacierge

Your prescription will be shared with the pharmacy electronically and the pharmacy will be in contact directly with you to arrange payment and delivery.

[pharmacierge.com/patients](http://pharmacierge.com/patients)

### Independent Pharmacy

Your prescription will be shared with the pharmacy electronically for you to obtain your medication directly. Please use the link below to access the website. You need to make an account with them to purchase the items. They are then posted to you.

[theindependentpharmacy.co.uk/oxford-menopause](http://theindependentpharmacy.co.uk/oxford-menopause)

You do not need to post them a copy of your prescription.

Your prescription is **not a repeat**. If you think you will run out of medications before your next appointment, please visit [oxfordmenopause.com/existingpatients](http://oxfordmenopause.com/existingpatients) to send a prescription request to your doctor. *See website for latest fees at [oxfordmenopause.com/pricing](http://oxfordmenopause.com/pricing).*

## NHS prescription

If you have discussed obtaining your medication on an NHS prescription, this request will be included in the letter emailed to your GP surgery after your appointment. You will need to contact your surgery to ensure that they have actioned the prescription request.

## Blood tests

If you have had a blood test, we generally receive the results within three working days. Results are reviewed by your doctor and a letter of explanation, along with your results, will be emailed to you directly and shared with your GP surgery.

## Follow up appointments

Your doctor may suggest a follow up appointment to review how things are going. This can be booked with the Reception team or you can go online at any time and book via our website: [oxfordmenopause.com/book](http://oxfordmenopause.com/book).